



The Carrier Oil Palette

CLASS SUPPLY LIST

The list below are the carrier oils we recommend you have for the course.

Core Carrier Oils

- Sweet Almond or Apricot Kernel oil
- Baobab oil
- Jojoba oil
- Olive oil*
- Sesame oil
- Sunflower (Oleic acid rich)*

*These carrier oils are great if you are planning on making your own herbal oils.

Enhancer Carrier Oils

- Black Cumin oil
- Hemp seed oil
- Meadowfoam oil
- Neem oil
- Pomegranate oil or CO2 extract
- Raspberry seed or Rosehip seed oil or CO2 extract
- Sacha inchi
- Sea Buckthorn Pulp CO2 extract
- Tamanu

Butters

- Babassu or Coconut
- Cocoa butter
- Cupuaçu butter
- Kpangnan butter
- Mango butter

Herbal Oils

- Arnica
- Calendula
- St. John's Wort



The Carrier Oil Palette

COMPLETE LIST OF CARRIER OILS COVERED IN COURSE

Core Carrier Oils

- Almond, Sweet
- Apricot
- Argan
- Baobab
- Camelina
- Jojoba
- Marula
- Olive
- Safflower
- Sesame
- Sunflower

Enhancer Carrier Oils

- Avocado
- Black Cumin
- Borage
- Castor
- Evening Primrose
- Hemp
- Meadowfoam
- Neem
- Pomegranate
- Pumpkin
- Raspberry
- Rose (Rosehip)
- Sachi Inchi
- Sea Buckthorn
- Sea Buckthorn (seed)
- Sea Buckthorn (pulp)
- Tamanu

- Other less common carrier oils will also be discussed, e.g., broccoli seed oil, blueberry seed oil, tomato seed oil, etc.



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COMPLETE LIST OF CARRIER OILS COVERED IN COURSE

Herbal Oils

- Arnica
- Calendula
- Carrot
- Chickweed
- Comfrey
- Cottonwood
- St. John's Wort

Butters

- Babassu
- Cocoa butter
- Coconut
- Fractionated Coconut Oil
- Cupuaçu
- Kokum
- Kombo
- Kpangnan
- Mango
- Palm (kernel)
- Shea